

C PERATORS

Fundraising:

Our charity code for **Combined Federal Campaign (CFC)** is **17228**
For **State Employee Charitable Campaign (SECC)** our code is **283522**

If you receive a Texas State or Federal government paycheck, consider making **Marriage Management** part of your charitable giving!

Give a little, do a lot!

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CFC/SECC Kick Off

MMC has again qualified as a charity for the Combines Federal Campaign and the State Employee Charitable Campaign. Both have strict requirements about the percentage of donations used directly for programs and we are proud to qualify.

The annual campaign began Oct 1 and we try to attend as many events as possible. Speaking to CFC and SECC participants gives us a chance to ask directly for donations. Last year's campaign netted MMC nearly \$10,000 in donations which funded many of our programs.

If you are or know a Texas federal or state employee, please use our charity codes to sign up for donations. You can help a military couple.

With Camp C.O.P.E.

Dec 1-2 Wounded Warriors at Mo Ranch

Feb 8-9 Camp Pendleton, CA

May 17-19 Mo Ranch

We have applied to the **Bob Woodruff Family Foundation** to help fund these partnership programs with Camp C.O.P.E. We received a favorable response and are working out details.

Fort Hood, TX

MMC met with representatives of the Family Advocacy Program and the Wounded Transitional Unit to schedule a class at Fort Hood for **October 24, 2012**. This class will be funded by the donation of the MGN Foundation.

Books for the program are being purchased by Family Advocacy. We are advertising the class and placing poster at various public locations on the base. Our goal is to have 15 couples attend. Our hope is to open the door for future MMC programs. (Our access for programs on base was severely limited after the on-base shooting, November, 2010). Fort Hood is facing another large deployment of soldiers in 2013.

Fort Belvoir, VA

MMC has been invited to join Camp COPE in offering a program at Ft. Belvoir, Virginia on October 27, 2012.

We are very excited with this program as it allows our Washington DC and Virginia friends to attend and evaluate what MMC can offer. We are actively looking for a sponsor for this event. We are excited by the possibility that several contacts we made through the Newman's Own Award are interested may also attend.

Sponsors & Donors

Our special thanks to:

NAS-JRB Fort Worth Fleet & Family Service Center for funding Sept 1 class and the **Robert P. Taylor Chapel** for donating the funding to provide childcare. Your donations are a much welcomed life line!





**Total
Participants
served by
MMC
in 2012
(thru Sept 15)**

**Military:
179
Civilian:
147**

Completed
Programs:
NAS-JRB, TX
Ft. Worth, TX
Arlington, TX
Hurst, TX
Mo Ranch, TX
Fort Sill, OK

You can donate directly
on our website to help
support our mission:

[www.marriage
management.org/
donate.html](http://www.marriage
management.org/
donate.html)

**Buying or Selling
Property???**
MMC participates in
Brokers for Charity

Which Offers Real
Estate Buyers and
Sellers a New Way
Support Their Favorite
Nonprofit --- Without
Spending Money



Visit:
www.brokersforcharity.com

Marriage Magazine

Marriage Magazine, the only publication dedicated to marriage, has asked Bob and Barbara, MMC Directors, to be regular columnists! Our articles featured in past editions include "A Hidden Casualty of War" and "Honey, I'm Home!" Our column for the upcoming fall issue is entitled "Dollars & Sense." For information about subscriptions go to: www.marriagemagazine.org. or call 1-800-627-7424.

Domestic Violence Training

Sadly, domestic violence (DV) is part of marriage; 1 in 4 marriages having some degree of DV. Our trainers attend continual education in recognizing the signs of DV, the cycle of abuse and how to get safe. In 2012 Bob & Barbara have participated in at least 8 hours of DV training from the people who run Safe Haven Shelter. This training is used in all MMC classes. Military couples with DV issues have a mandatory chain of command checklist to complete.

They are often advised to attend MMC classes because we teach ways to avoid escalation of an argument and less volatile methods for handling disagreements. We have also in the past offered classes at the Gospel Mission Homeless Shelter and Presbyterian Night Shelter.

Eye Openers

Sometimes what attendees tell us they didn't like can give us real insight:

What I didn't like about this class was:

"The uncomfortable moments with my spouse"

"Having to tackle my faults."

"Out of my comfort zone."

"Unfortunately, a bit compressed-more spouse to spouse interaction (time) needed."

"Go 8 am to 6 pm to include another module or two since there is plenty of things in the work book."

"I wish it could have been longer."

Nothing"

"Short"

"That there was not another session."

"It was really hard to bring some stuff up between [me and] my husband."

"One day only, lots more in book."

We take all these comments to heart and continually refresh our classes to address the needs and wants of our warriors and their spouses.

Does our Military Marriage Enrichment class have impact?

- ◇ 100% of our attendees write that they would recommend the class to a friend
- ◇ Our programs has been readily received by Army, Navy, Marines, Air Force, Air Force Reserves, Air National Guard and Army Reservists.
- ◇ Attendees include all ranks of officers and enlisted personnel, including a Base Commander and Command Sergeant Majors.
- ◇ 99.6% of our class evaluations were positive with 82.5% receiving the highest rating

HELP US SPREAD THE WORD!

HELP US FUND MORE PROGRAMS!



Fleet & Family Service Center at NAS-JRB Fort Worth has been extremely helpful with arranging and promoting classes on base.

Here are actual evaluations from our last class there in September that show why:

What I liked most about this class:

- “Spending time with my woman.”
- “The active engagement”
- “Hands on instructions, skits, real life situations”
- “Spending one on one time with my spouse in an interactive session.”
- “When you separated us in the improve event. It made me appreciate my husband and his creativity.”
- “The class interaction.”
- “Lunch- just kidding. Learning the methods of communicating better.”
- “Free speech. Ability to be honest.”
- “The interaction of the spouse with exercises.”
- “Learning way to communicate better.”
- “The exercises, where we as couples got to discuss some concerns we had.”
- “That I got to learn to communicate with my husband.”
- “The chance to find ways to resolve issues in an effective manner with my wife.”
- “That we got to learn more about each other and understand each other better. We realize things we were both doing wrong.”
- “The interaction we had after eating lunch, which kept us awake and attentive.”
- “Is fun & they were real and open and they gave us a chance to be.”
- “The exercises we did because it allowed us time to communicate with each other.”
- “I learned some new skills to better my relationship.”
- “Good interaction with spouse and class. Convenience of location, free and child care available; lunch was included.”
- “It was very helpful because it showed me to view issues from both points of view.”
- “It actually got my Marine boyfriend to show some emotion & open up. It let me see he’s really serious about his love for me.”
- “It was very interactive (group) also; food was given for lunch & snacks.”
- “Participation; communication and life experiences; involvement; scenarios of communication; appreciation of importance of marriage and family; goals and future plans.”
- “Class participation.”
- “It helps couples learn to communicate and strengthen their bonding skills.”
- “The interaction & feedback.”
- “That it was applicable to real life. That it allowed me to do some personal reflection on some of my own items which need to be checked.”
- “Interaction - not just slide shows.”
- “Sharing our concerns with our spouse.”
- “The getting rid of destructive behaviors and the SMART* card. I liked that it also helped me to be able to communicate with my partner better.”
- “The interaction I was able to have with my husband and to also see other couples with similar issues.”

Continued on next page...



“The openness of the class.”

“The ability to interact with other couples and understanding that everyone have problems.”

***The SMART Card** (Shared Meaning and Resolution Tool) is a conflict resolution model developed by Kelly Simpson of the Active Relationship Center. It offers couples a path to discuss and resolve disagreements in a calm, respectful manner.

Other comments:

“Great class recommend this to other married friends, engaged friends, etc.”

“Implement a Part I, II and III to cover other lessons in the book.”

“Very good class.”

“I loved everything about it.”

“I loved this class and I appreciate the tools we received to build our relationship.”



“This Saved Our Marriage!”

EVERY DAY, ONE U.S. SOLDIER COMMITS SUICIDE!

30% of these had
failed intimate relationship
in the prior month!

(Time Magazine)

Military divorce in some sectors has reached 80%!

MARRIAGE SHOULD

NOT BE A HIDDEN

CASUALTY OF WAR!

Our defenders deserve our support.

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MANAGEMENT**

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3061 SW County Rd. 0018
Corsicana, TX 75110

Office: 903-874-0077
Fax: 817-796-1111

Website:

www.marriagemanagement.org